



VOLUME 4: MEDICAL SERVICES	Effective Date: 06/2007
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4.26 GENDER DYSPHORIA MANAGEMENT POLICY	Attachments: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

I. POLICY

California Correctional Health Care Services (CCHCS) and the California Department of Corrections and Rehabilitation (CDCR) shall provide medically necessary treatment that meets constitutional requirements for incarcerated patients who are diagnosed with Gender Dysphoria (GD). This condition, more commonly known as transsexualism and/or transgenderism¹, is recognized in the Diagnostic and Statistical Manual of Mental Disorders (DSM), published by the American Psychiatric Association.

The CCHCS GD Care Guide shall be used to aid medical and mental health staff in the evaluation and management of GD patients. The GD Care Guide is a tool to assist medical and mental health staff in consistently applying clinical judgment in transgender patient care. The GD Care Guide should be given great weight in the decision-making process, but it is not a substitute for the clinical judgment of the primary care provider or mental health professional.

II. PURPOSE

To provide guidance to CCHCS medical and mental health care staff in the management of patients with GD.

III. DEFINITIONS

Gender Dysphoria: A DSM-5 diagnosis signifying distress caused by a disparity between the individual’s self-identified gender and his or her biologic or phenotypic gender.

Transgender: Transgender is the state of one’s “gender identity” (self-identification as a woman, a man, neither or both) not matching one’s physically “assigned sex” (identification by others as male, female or intersex, based on physical/genetic sex).

Transsexual: A person who establishes, or wishes to establish, a permanent identity with the gender opposite their birth sex by utilizing some type of medical treatment.

IV. REFERENCES

- American Psychiatric Association, Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, 2013
- CCHCS/DHCS Care Guide: Gender Dysphoria
- California Department of Corrections and Rehabilitation, Department Operations Manual, Chapter 6, Article 12 , Section 62080.14, Transgendered Inmates

¹ For the purpose of this policy, the terms transgender persons and/or transgender adults has the same meaning as transsexual persons and/or transsexual adults.